# The Lemon Grove EVIE



Vol. 49, No. 56

Serving Lemon Grove and nearby communities

Tuesday, March 25, 1997

## Inside Spring Training '96 Padres a hard act to follow

#### Story & photos by Greg Eichelberger

To talk to manager Bruce Bochy, the San Diego Padres are ready to defend their National League West crown, but, then again, getting the usually tight-lipped skipper to say much of anything is something in and of itself.

But, as he watched his squad in action in Peoria, Ariz., last week, where Forum Publications journeyed for the first time to bring you this

And the trainers, press, announcers and front office personnel, who've seen it all before, went about their various assigned duties without a thought as to who stays and who goes

All paused for a few moments to watch, in awe, as National League MVP Ken Caminiti strode to the plate.

However, huddled to one side of the massive dugout, nestled

cocky up-and-comers and nervous Triple-A invitees, must be pared down considerably before the season begins

Will minor league prospects like Chris Jones, Terry Shumpert or Santee's own Jim Tatum, ride the magic carpet to Mission Valley, or catch the last train to Clarksville, Las Vegas or Memphis?

Can vets such as Don Slaught (the former Pirate who just signed as back-up catcher to John Flaherty), Sterling Hitchcock (traded from Seattle in the winter for Scott Sanders) and Wally Joyner (whose hot start in '96 was slowed by a thumb injury) make a difference in a line-up already fairly bulging with talent?

Then, there's the question of Ricky Henderson, who, with the advent of Greg Vaughn's new contract, has suddenly become expendable (despite putting on a marvelous show during this exhibition season, so far)

Trades and rumors of trades abound, but at the time of this writing, nothing is firm, and Rickey remains.

Of course, Henderson could very well stay, swallowing a little of his Hall-of-Fame pride to serve a team that could compete deep into the playoffs come this autumn.

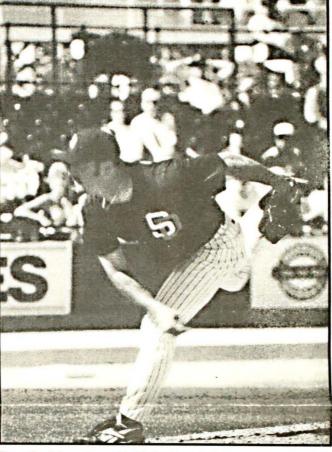
one-to-one struggles that keep

The question of whether Quilvio Veras can run past Jody Reed to steal the second base job was settled over the weekend when Reed was trad-

Can Archi Cianfrocco earn another year as the best utility man in baseball, or will Craig Shipley, back from an injury, ace him out?

as old as Gordie Howe, push past his younger, and less seabrass ring with the words, "Fifth Starter" stamped on it?

had husbands. Then, the very next afternoon, they lost to the hapless San Francisco Giants, 4-3, as



Doug Bochtler, who resided in La Mesa last year, snaps off a pitch in a spring training contest with San Francisco.

was never really respected like

those in Atlanta, New York, St.

And what of our middle

relief corps, led by Tim Wor-

rell, and buttressed by Doug

tion the closer, Trevor Hoff-

man, at this point, but a few

blown saves early on and ...

Bochtler, Sean Bergman, Tim

No "expert" can really ques-

What role will medical prob-

lems play this year with Cami,

Gwynn, Shipley, Andy Ashby

And we haven't even men-

have echoed most of San Diego's

want him and his bad-mouthing

This particular scribbler

seconds those emotions. These

that Bochy and his lieutenants

next few weeks, while viewing

nothing, but are invaluable to

the decision-making process.

Pads crushed the Anaheim

Angels, 17-0, as Caminiti,

Vaughn and Cianfrocco all

reached the seats with tower-

ing shots, and there were more

doubles than Elizabeth Taylor

A week ago Thursday, the

are just a few considerations

must grapple with over the

games that, on paper, mean

tioned the whole Hideki Irabu

fiasco (where several players

sentiments that they do not

of the club on the squad).

Louis and Cleveland.

Scott and others?

and others?

Then there are the small

us media types all a-flutter.

ed to Detroit.

And, can Valenzuela, who is soned counterparts, to grab the

Will Padre alumni such as Mark Kroon, Scott Livingstone and Jorge Velandia, among others, finally catch fire and claim that coveted starting position, or cast their respective fates to the winds of other teams and fortunes?

Pundits will also continue to question the San Diego pitching staff, which clicked on (almost) all cylinders last season, but

Hitchcock dropped his first game of the spring. Baseball is like that.

This time of year will soon fade to a regular season where everything counts in the record book and in the standings.

Toiling in an Arizona sun that is just slightly cooler than the setting on an oven for a prime rib (a patron told us that it "was real nice now" and to "just wait for summer"), the players are anxious to get on with the real deal.

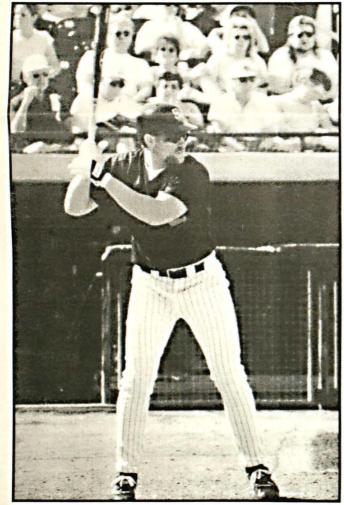
"I can't wait to get to San Diego," said Slaught, who was lured from the Iron City by a \$450,000 contract and a chance to play on a winner.

He and the rest of the Western Division champs are eager and chomping at the bit to play some meaningful ball, especially in this new era of interleague competition.

Fans will be treated to the likes of Mark McGwire, Jose Canseco, Ken Griffey, Jr., Alex Rodriguez, Juan Gonzales and Eddie Murray, all of whom can swing the lumber with the best of them.

All of the queries will be answered soon enough when the team takes the field against the New York Mets in an April Fools Day game which will inaugurate 1997 as the year to "Keep On Believin."

And that's just what the Padres and their faithful will most certainly do.



Santana grad Jimmy Tatum faces Giants ace reliever, Rob Beck, in Peoria, Ariz.

report, one could imagine his brain cells working overtime.

The mood, for the most part, was of relaxation, the youngsters laughed it up as their coolas-cucumber elders sat back and observed it all from the supreme venue of job security.

The Hispanic players flocked around Fernando Valenzuela like students at the feet of Socrates, eager for advice and counsel from Numero Uno, the Wise One, the Godfather of the "Screwgie" (as Vin Scully once called Valenzuela's most famous pitch).

within the organization's pristine complex, sat Bochy, along with his most trusted advisors, Tim Flannery, Davey Lopes, Dan Warthen, Mery Rettenmund and Brian Picciolo.

They were scrutinizing each and every at-bat, fielding play, throw, pitch, sprint and positive attribution, in search of that one piece, that one sign, that one gut feeling that will help lead this group to the Promised Land.

The current roster, overflowing with a mix of sure veterans, confident free agents,

TT ( FT ) 11111

#### THE LEMON GROVE REVIEW March 25, 1997

## A job well done

Nick Fowler, a service deli/bakery manager at the Food 4 Less at 7420 Broadway in Lemon Grove, was awarded the prestigious Food 4 Less King of Courtesy title at the Company's 41st Annual Awards Party at the Century Plaza Hotel in Los Angeles on March 1.

Fowler was singled out in recognition of his exceptional professional expertise, outstanding job knowledge and friendly service-oriented attitude.

"Nick truly exemplifies Food 4 Less's high standards," said

Food 4 Less President Harold McIntire. In addition to winning the coveted King of Courtesy title, Fowler received \$1,000 and a trip for two to Hawaii.



#### Public Notices

Loan S861173 Other 00615233 File M11036 AP. Number 576-451-06-00 Notice Of Trust see Sale under Deed Of Trust you are in default under a Deed Of Trust you are in default under a Deed Of Trust, dated April 16, 1990, unless you take action to protect your property, it may be sold at a public sale If you need an explanation of the nature of the proceeding against you, you should contact a lawyer. Notice is hereby given that Lender Service Bureau, a California of the Protect of the Control of the Con

#### NOTICE TO BIDDERS

School District will receive bids

DELL COMPUTERS, PERIPH-ERALS AND SOFTWARE FOR ALL DISTRICT SITES & LOCATIONS

Each bid shall be submitted on a form obtained at the Purchasing Department of said District located at 1100 Murray Drive, El Cajon, CA 92020; shall be sealed and filed in said Purchasing ment on or before 2:00 p.m. on APRIL 9, 1997

and will be publicly opened and read aloud at that time and place. The District reserves the right to award to the lowest responsive bidder meeting bid specifications School District reserves the right to reject any or all bids, to accept or reject any one or more items of a bid or to waive any irregularities or informalities in the bids or in the bidding. No bidder may withdraw his bid

for a period of thirty (30) days after the date set for the opening of bids.

Governing Board may determine by lot which bid shall be accepted per Public Contract Code No

Nadia Davies Clerk of the Governing Board Grossmont Union High School of San Diego County, California

March 25 & April 1. 1997

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 96-16034 Title Order No. 8901940 Reference No. 313892-2 APN No. 576-223-24-00 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 06/09/93. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. ON ADRIB 8, 1997, at 10:00 AM, Professional Foreclosure Corporation as the duty appointed Trustee under and pursuant to Deed of Trust, recorded on 06/29/93 as Document No. 1993-0414902 Book. - Page - of Official Records in the Office of the Recorder of SAN DIEGO County, California, executed by: STEVEN J. MAYHEW AND DAWN M. MAYHEW, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor, MORTGAGE MAX, INC. A CALIFORNIA CORPORATION, as Beneficiary. WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or redoral sanciago and some association, savings association, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: AT THE SOUTH ENTRANCE TO THE COUNTY COURTHOUSE AT, 220 WEST BROADWAY, SAN DIEGO, CA, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: Lot 66 of Hillisdale, in the City of Lemon Grove, County of San Diego, State of California, According to Map Thereof No. 1566, Filed in the Office of the County Recorder of San Diego County, May 8, 1913. The property heretofore described is being sold "as is." The street address and other common designation, if any, of the real property described above is purported to be: 2015 Noble Street, Lemon Grove, CA 91945. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, of the real sale will be made, but without covenant or warranty, expressed or implied, reparding tild, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$101,978.98 Estimated. Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the country where the real property is located and more than three months have elapsed since such recordation. Professional Foreclosure Cerporation, as Trustee, 2033 N. Main Street, Suite 550, Walnut Creek, CA 94596, Telephone Number: (510) 933-4660, By: Eric Estrella, Foreclosure Specialist, Date: 03/10/37 NPP26669 PUB: 03/18/97, 03/25/97, 04/01/97

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#### The Lemon **Grove Review**

(USPS NO. 309-840)

Is published semiweekly by Forum Publications, Inc., 3434 Grove Street Lemon Grove, CA 91945. Periodicals postage paid at Lemon Grove, CA 91945 POSTMASTER: PLEASE SEND ADDRESS CHANGES TO

#### THE LEMON GROVE REVIEW Box 127, Lemon Grove, CA 91946 • (619) 469-0101

Adjudicated a newspaper of general circulation in Superior Court of State of California in and for San Diego County December 5, 1949

Adjudication Number 155392. \$18 yearly in San Diego County \$40 yearly elsewhere in U.S.A.

#### Steven Saint, Publisher

Assistants to the publisher: Betty Thomas, Trudy Thomas Sports editor: Mary Rosen Contributing writers: Lora Clark. Cheryl Cohen. Greg Eichelberger. Phillip Giannangeli, Paul Treske, Betty Jo Tucker

#### **Submissions**

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope

Material can be sent via e-mail at the following address: yscmr@adnc.com.

All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions

#### Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order.

Only publication of an advertise ment shall constitute final acceptance.

Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove. CA 91946

#### Lemon Grove Almanac

1994 Population: 1977 Incorporated: 3.75 sq. mi. Area: \$34,399 Median income: 1996-97 city budget: \$26.3 million 1996 taxable sales: \$265 million Mayor: Mary Teresa Sessom Council: Thomas Clabby Craig Lake **Dwight Shelley** 

Jeff Jandura City Manager: **Doug Yount** Planning Director: Jim Butler Gloria McLean City Attorney: City Clerk: **Christine Taub** Sheriff's Capt. **Yolanda Collins** 

Fire Chief: Dale Chamberlain Congressional district: 52nd - Duncan Hunter State Senate district: 40th - Steve Peace State Assembly district:

77th - Steve Baldwin Supervisorial district: 2nd - Dianne Jacob High school:

Libraries: Post offices: **Parks** Recreation centers

#### **Proud** Member



#### **Annual Lemon Grove History** Essay contest deadline nears

**Апитичения** пиниминичения пиниминиминичения пиниминичения пиниминичения пиниминичения пиниминичения пиниминичения пиниминичения пиниминичения пиниминичения пиниминиминичения пиниминичения пинимини

The Lemon Grove Historical Society is sponsoring its annual Lemon Grove History Essay contest for all students in grades three to eight in the Lemon Grove School District. Society's President Dr. Amorita Treganza noted that the entry deadline is April 18.

Entrants may either mail their essays to the society at P.O. Box 614, Lemon Grove, CA 91946, or leave them in the envelopes and boxes provide in third- through eighth-grade classrooms throughout the school district. Fliers about the contest are available in the classrooms, the Lemon Grove Library, Main Street Trolley Depot, Grove Pastry Shop and youth groups.

Students may select any topic related to the history and people of Lemon Grove, past or present. The essay can also be an oral history interview with an older person in the community.

Entry levels are Level A - Grade 3; Level B - Grades 4, 5; and Level C - Grades 6,7,8. All finalists will receive certificates. The winner in Level A will receive \$30 and a certificate; Level B, \$40 and a certificate; and Level C, \$50 and a certificate. Prizes will be awarded on June 3 at the Lemon Grove City Council meeting.

Essays must be typed or handwritten, double-spaced, on one side of the paper and the entrant's name, grade, school and phone number noted in the upper right-hand corner. Levels A and B should write a maximum of 1,000 words, Level C, a maximum of 1,500 words.

Pages should be stapled together. Essays must be written in the students' own words. Sources of local history are the Lemon Grove Library, school libraries, Lemon Grove City Hall, San Diego Central Library (California Room), Lemon Grove Historical Society, San Diego Historical Society and senior citizens and other adults in Lemon Grove.

The History Essay Contest Committee is co-chaired by Dorothy Scott and Helen Ofield as part of the Historical Society's programs commemorating the California Sesquicentennial.

## Sheriff's Log

Jan. 24-26, 1997

Palm St. Petty theft. \$250 value.

Feb. 25-27, 1997

2200 blk. Bonita St. Residential burglary. \$550 value.

Feb. 28, 1997

8000 blk. Broadway. Petty theft. \$350 value.

March 1-8, 1997

3200 blk. College Pl. Grand theft: \$3,320 value

March 6, 1997

6900 blk. Broadway. Grand theft. \$2,000 value.

March 7, 1997

Massachusetts Ave. Auto theft. \$1,000 value.

March 8, 1997

6600 blk. Federal Blvd. Commercial burglary. \$240 value.

March 9, 1997

7000 blk. Broadway. Auto theft. \$3,000 value

6500 blk. Macarthur Dr. Petty theft. \$1

3200 blk. Massachusetts Ave. Auto theft. \$3,000 value.

March 9-10, 1997

7300 blk. Broadway. Commercial burglary. \$2,800 value

March 10, 1997

6900 blk. San Miguel Ave. Petty theft. \$94 value.

7300 blk. Broadway. Auto theft. \$300 value.

1800 blk. Massachusetts Ave. Auto theft. \$4,500 value.

March 11, 1997

7100 blk. San Miguel Ave. Auto theft. \$3,000 value.

3200 blk. Massachusetts Ave. Residential burglary. \$2,000 value.

## **Lemon Grove Fire Log**

March 7 - March 13, 1997

Lincoln St./Washington St. Traffic accident.

2200 blk. Bonita St. Nose bleed.

2900 blk. Massachusetts Ave. Vaginal bleeding.

7900 blk. Broadway. Traffic accident.

8000 blk. Broadway. Traffic accident.

69th St./Gibson St. Smoke check.

Buena Vista Ave./Broadway. Medical aid.

7200 blk. North Ave. Difficulty breathing.

2300 blk. Debco Dr. Possible stroke.

8400 blk. Broadway. Multifamily residential fire.

8400 blk. Broadway. Fall.

Lemon Grove Ave./Central Ave. Traffic accident.

Central Ave./Lemon Grove Ave. Evaluate for the Sheriff.

8300 blk. Broadway. Traffic accident.

3200 blk. Main St. Evaluate for the Sheriff.

7300 blk. Broadway. Fuel spill.

3400 blk. Main St. Fall.

### In the Service

Coast Guard Fireman Apprentice Sean P. Ryan, son of Daniel H. Ryan of Lemon Grove, recently graduated from the U.S. Coast Guard Recruit Training Center in Cape May, N.J.

## Santana girls swim coach's time very full when not coaching

by Joe Naiman

Quicker times for the Santana girls swim team would not only improve their performance, but also the crunch on coach Joyce Vine's schedule.

In addition to coaching the defending Grossmont North champion swim team, Vine holds a full-time job at Children's Hospital, is a volunteer for the 1998 Super Bowl committee, teaches Sunday school and maintains a presence on the Internet.

It's quite a path for someone who initially had to be forced into the water.

Vine's father, now a medical examiner/investigator for the county of San Diego, was more attached to the water, serving 20 years as a Corpsman in the Navy. Joyce was born in Balboa Hospital and learned to swim when she was four.

"I was scared to death of the water and finally my swimming instructors just picked me up and threw me in. Then I didn't want to get out.'

The Navy sent her father to Virginia and then to Florida, where Vine started swimming competitively in fourth grade.

When Joyce was in seventh grade, the family returned to Santee. Her sister Tami, who is three years older, was on the Santana swim team and Joyce has been hanging around the Santana pool since.

She made the varsity swim team as a freshman. Although at the top level in ninth grade, she spent her sophomore year on the junior varsity squad.

"When I was a freshman, my sister was the captain so I had to prove myself," she said, but added that in her sophomore year, she had fun with it.

Vine was on the varsity her junior year. In her senior year she served as the captain, helping the coaches stay organized and acting as a go-between for the newer girls.

Vine said that she wasn't one of the fastest kids on the team, but was the one who could do anything and at least finish third or fourth or fifth. She noted that she is a much better coach than she ever was a swimmer

Vine returned to the Santana pool for the 1991 season, teaching competitive skills to newer swimmers.

She was the Sultans' JV coach in 1991 and was a roving coach for the next three years. Vine said she need a job when she took the position as assistant coach, after the coach asked if she wanted to help.

She said that the Santana swim team was so much a part of her life for the four years she swam and the two years she was hanging out in junior high. It's the same way today, she added, She can't just stay away.

The Santana boys and girls

had been combined onto one swim team during her first four years as a coach, but in 1995 the two teams became separate. Jason Lee took the boys team and Vine was selected to head the girls team.

"They had a lot of confidence in me and were willing to take a chance on me," she said, feeling that her 10-year experience with the Santana swim team was a major factor.

During the 1995 summer she coached a team of children ages 5 to 14 which won the Heartland Summer League.

Vine was the opinion editor on The Consultant, Santana's newspaper. Vine attended San Diego State University, majoring in English, emphasizing expository writing. She wasn't sure whether she wanted to be a teacher or a journalist.

As San Diego State had swimming only on the club level, she focused on graduating in four years.

Before Vine's graduation from San Diego State in December 1994, she landed a job in professional journalism for a year at The Daily Californian.

At the end of 1995, Vine took a staff writer position for the San Diego Community Newspaper Group. Her duties included photographs at a few Padres games, during which she became interested in baseball.

Her photography portfolio ended up in the hands of someone with the 1996 Olympics in

'If it hadn't been for my Padres pictures and my baseball pictures, I really wouldn't have gotten a job at the Olympics," she said

Vine took three months off to spend June, July and August at the Savannah Olympic Village, site of the Olympic yachting event. She said she didn't know a darn thing about yachting, boats or sailing. The only ship she had been on was a frigate when her dad was in the Navy.

The Savannah Olympic Village needed someone with media and photography experience, and Vine was selected as a press secretary and photographer.

The experience at the Olympics was Vine's first time away from home. She said she worked from seven in the morning to 11 at night, seven days a week, for most of the time she was there.

When the Olympic Village was opened, Vine's activities included setting up computers. Vine also showed many of the athletes how to use the Inter-

"It was incredible. I was surrounded by these sailors and these athletes who were the best of the best from all

She added that it's one of those experiences many people would love to have and only a handful of people get to do. Vine said that the camaraderie with the athletes was the best part of working at the Olympics.

She hasn't put much thought into working at the 2002 Winter Olympics in Salt Lake City, saying that she wants to get to Sydney first, the site of the 2000 Summer Olympics.



Santana swim coach Joyce Vine (right) talks to varsity charges Bethany Gilbert and Kate Miller during a practice recently.

Photo by Greg Eichelberger

The Olympic experience definitely impacted her career plans. "I don't think I want to teach any more. After the Olympics and that experience I really want to get into public relations or media relations."

On Feb. 8, Vine took a step towards a public relations career, taking a job at Children's Hospital as a writer/producer. Her duties there include a biweekly newsletter, Children's Times magazine and internal publications.

She has also volunteered to work on the 1998 Super Bowl, although with the time commitment required of a swim coach in season, she won't be very active until after May.

Vine will also have to contend with a summons to jury duty, which was initially for the week before the start of swim season until Vine asked to delay her service.

Teaching is no longer in Vine's career plans, but she teaches Sunday School at the junior high school level, and helps on junior and senior high school retreats.

Vine swam two hours a day while in high school, but her computer access is a disincentive to exercise. "It's so much easier to log on than to get motivated to go to the gym," she said. "I hate running. I don't like aerobics. Put me in the water and I'm fine."



If news imitates life, then as a sportswriter, I am the ultimate impersonator, with a possible torn knee cartilage and surgery on the horizon. So Tony Gwynn has nothing on me - except a little higher batting average.

And speaking of said Gwynn of said Padres, my trip last week with media cronies Mark Marsoubian, Jay Walker and Ray Mc-Murtry to Peoria, Ariz. was quite a blast.

The five-hour drive was culminated by a stop at the four-star Camelback Resort Hotel and a luxury, three-bedroom suite (hey, Forum Publications doesn't mess around). Unfortunately, we did not get to enjoy it, as we had to travel another 30 miles to the Padres complex to catch the 6:05 game, which the Pads won, 17-0, by the way.

The next day, we were up and out by 10 to view the 1:05 contest, and after that, were on the road home again.

Next year we will stay for at least a week (hopefully). Anyway, the team looks good with the right combination of solid veterans and eager rookies ready to defend its NL West title.

One more word, sincere thanks to Theo Epstein of the media department for all of his help in allowing us to bring you the special spring training 1997 season preview. Good job, Theo.

Now on to some local sports. Kudos to El Capitan's Brett Caradonna, picked by Street & Smith (a well-respected baseball publication) as one of the top 50 prep baseball player in the nation. The kid's got a great future, and remember you read that (and a feature story on him) right here.

The Union-Tribune has chosen its "Top 25 Female Softball Players To Watch," and four East County young ladies have

They include, Carrie Belanger (Mount Miguel, P/1B), Maria Lopez (Grossmont, P/INF), Christina Jenewein (Christian, P) and Ann Van Oosbree (West Hills, P).

The paper's Top 10 pre-season softball picks include Mount Miguel, who finished last year at 25-7, in the number eight sp with Grossmont, West Hills and Valhalla as squads to watch.

Congratulations to UT Athletes of the Week, Jen Miskulin, a basketball player for the Christian Patriots girls team, and Leo Daigle, a baseball player for Monte Vista.

The San Diego Gulls, fresh off of another victory, begin the 1997 playoffs against Bakersfield tomorrow night at the Sports Arena. The team has captured another Founder's Cup championship by winning the regular season title.

Good luck guys, and here's to another Taylor Cup crown.

That's all my editor will let me talk about this week, but stay tuned, because the Padres start things off in seven days and I'll

have lots to talk about then. If you have something to talk about, then call me at 390-7103 and we'll put it in here. Otherwise, have a great sports week.





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## Grossmont freshman Beau Elfman gets his point across

by Mistie Shaw

With tentative thrusts the sharp metal sword searched for a hole in the opponent's defense. Each was met with a parry that turned the rubber tipped steel away.

With a sudden leap, one masked figure stretched his weapon past the defense. With a quickness that was impossible to follow, the defender performed a ballet-like pirouette, evading the sword point and reaching over the shoulder of his adversary to strike.

As the sword hit its target, the attacker's chest; a green light in a box on the near the ceiling flashed on. Not two actors on a movie set, the drama was simply practice for Beau Elfman.

With Chris Allen and SDSU student Ted Padgett, the trio from the Cabrillo Academy of the Sword are preparing for the Junior Pacific Coast Championships in April.

Elfman, a 15-year-old freshman at Grossmont High School is the son of Gary and Marguerite Elfman.

As the youngest of three



Beau Elfman

boys, his parents encouraged him to discover his own talents and preferences.

He loved watching Errol Flynn movies, especially "Robin Hood." Then after watching the Star Wars trilogy in the third grade, he was convinced. He wanted to fence.

Finally, when he was in the seventh grade at Parkway Middle School, Elfman took a fencing class. The weekly class soon stretched into more and

more sessions including private lessons.

Last summer, at his first tournament, the California State Games, Elfman surprised everyone when he placed 17th in the under- 20 division.

The traditional fencing uniform is all white. A wire mesh face mask protects the entire front and sides of the head. Layered over an underarm protector that gives extra protection to the sword arm is a long sleeve, padded jacket.

Knickers with above-theknee socks tucked inside provide limited protection for the legs. Although fencing shoes with a special sole are available, many students practice in tennis shoes. A glove on the sword arm leaves only the opposite hand totally unprotected.

For tournaments, each competitor must also have his or her last name written vertically on the left leg of the knickers and on the back of the lam vest. The vest, a body cord and electric sword are all required to fence with the electric sensing devices which help judges decide who scored the point.



Elfman (facing) takes a jab from a fellow fencer at Cabrillo Academy of the Sword. Photo by Mistie Shaw

Except for the speed of the bullets in the shooting events, fencing is the fastest moving sport in the Olympics. But, the rules and forms that are used date back to renaissance times.

Somewhat of a young renaissance man, Elfman also plays the violin and the guitar. In addition, he enjoys body boarding at the beach.

Anyone interested in learning more about this intriguing sport, who has access to a online service, can do so by calling up the fencing academy's website at http://www.jaworski. com/-drake//Cabrillo.html.

When was the Last Time You were at ...



M Cocktails M Live Music M Lotto M Pool
M Darts M Big Screen T.V. M Karaoke
M Dancing M A.T.M. M Hot Spot @ NORE

Maybe it's Time to CHECK-IT-OUT Again!!

#### Singing Hills offers youth instructional programs

Beginning in April, Singing Hills Resort Instruction Center will resume a full schedule of instructional programs designed for junior golfers.

Classes, camps and clinics are intended to promote the sport of golf to boys and girls ages 6 to 17.

Coordinated and directed by Singing Hills' teaching professional Julie Day, the instructional programs are designed to help kids learn the basics at every skill level and provide steady improvement.

The first instructional pro-

gram begins in April and will provide free, one-hour junior golf clinics every Friday at 4 p.m. (excluding holidays).

Singing Hills golf professionals donate their time to provide these instructions about etiquette, course usage and basic golf swing principles. Golf clubs and balls are provided free.

Tom Addis, Singing Hills director of golf and immediate past president of the Professional Golfers Association (PGA), noted that the golf professional staff at Singing Hills has continued to expand and improve the club's offering for junior golfers.

He said that the goal is to make golfing opportunities readily available to youths in San Diego and across the country.

Whether junior players are beginners or experienced golfers who want to learn in a group, or on an individual basis, we have a clinic, class or camp to address that need, Addis said.

### **East County High Schools**

Sports Schedules

(as available)

Tuesday, March 25 - Thursday, March 27 check with schools for ti

Tuesday - Gymnastics: Grossmont, El Capitan at Santana. Boys Tennis: El Capitan at Monte Vista, El Cajon Valley at Granite Hills, Helix at West Hills, Grossmont at Valhalla, Mount Miguel at Santana. Baseball: Lions

Wednesday - Gymnastics: Granite Hills, Valhalla at Helix. Boys and Girls Swimming: El Capitan at Monte Vista, Granite Hills at Santana, Grossmont at Helix, Mount Miguel at El Cajon Valley, West Hills at Valhalla. Baseball: Lions Tournament.

Thursday - Gymnastics: Monte Vista, Mount Miguel, West Hills at El Cajon Valley. Boys and Girls Track: El Cajon Valley at Monte Vista, El Capitan at Granite Hills, Santana at Helix, Grossmont at Mount Miguel, West Hills at Valhalla. Boys Tennis: Monte Vista at El Cajon Valley, Granite Hills at West Hills, Grossmont at Helix, Santana at Valhalla, Mount Miguel at El Capitan. Baseball: Lions Tournament

Note: Spring Vacation is March 31 - April 4.

!FREE!

#### Family Asset Preservation Workshop

Living Trusts

Living Wills & more!!

Don't miss this seminar to make sure your estate stays in your family. We answer all your questions and find solutions that are simple and easy to understand.

- Learn how to avoid probate and conservatorship by the court.
- Learn why most will require probate even though estates have only \$60,000 or just one home.
- ◆ The most thorough and easy to understand seminar in Califor- trip all expenses paid nia. In plain and simple terms.

Tuesday April 1, 1997, 9 a.m. La Mesa Senior Center 8450 La Mesa Blvd.

Attendees receive:

- ◆ free 1 hour consultation worth \$200
- ♦ chance to win free Las Vegas
- ♦ refreshments

Sponsored by:

297-3200



## Attention High School **Humorists!!**



Forum Publications will give a \$100 prize for the best original humor! It must be funny. Send your essay or article immediately to: Forum Publications, Box 127. Lemon Grove, CA 91945. Include your name, address and phone number. The deadline for submissions is Friday. There

is no fee for entries. This is serious!